MT GROWMORE HYDROPONIC FARM & WELLNESS CAMPUS
OVERVIEW OF PROGRESS 2023

COMMUNITY CHAMPIONS

• Neighborhood: East End
• Organizations: East End NRZ & East End NRZ Market and Café

PARTNERS & SUPPORTING COLLABORATORS

• Partners: East End NRZ Market & Café and Yale Elevate Policy Lab
• Supporting Collaborators
  o Government:
    Local: City of Bridgeport
    State: CT DEEP, CT Dept of Agriculture
    Federal: US EPA Region 1, US HHS, USDA, US HUD
  o Academia
    Via Yale Elevate Policy Lab
      • Yale School of Law Environmental Protection Clinic
      • Yale School of Medicine Child Study Center
    UCONN Targeted Brownfields Assistance (TBA Program)
  o Business
    BEDCO

ENVIRONMENTAL STRESSORS

• Contaminated Soil: Mount Trashmore, other contaminated properties, and operating businesses
• Polluted Water: Johnson’s Creek (point source discharges and stormwater run-off); flooding; odor from sewage treatment plant

HEALTH INEQUALITIES

• Healthy food, fruits, and vegetables
• Violence Prevention
• Mental health and Child-Caregiver Support

COMMUNITY VISION AND PROBLEM-SOLVING PRIORITIES

• Mt. Growmore Hydroponic Farm and Wellness Campus
• Johnson’s Creek: Flood Control and Green Spaces & Recreation
• Violence Prevention
# MT GROWMORE HYDROPPONIC FARM & WELLNESS CAMPUS

## OVERVIEW OF PROGRESS 2023

**SUMMARY OF COMMUNITY VOICES REGARDING CHALLENGES AND OPPORTUNITIES**

---

**What is your vision for the East End Neighborhood?**

<table>
<thead>
<tr>
<th>Safe Neighborhood</th>
<th>Wellbeing</th>
<th>Whole Health</th>
<th>Healthy Food</th>
<th>Physical Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Safe Neighborhood</td>
<td>Parks to relax</td>
<td>5</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Crime-free</td>
<td>9</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Local businesses</td>
<td>6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wellbeing</td>
<td>Caregiver &amp; connecting</td>
<td>8</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Education &amp; jobs</td>
<td>6</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Multi-generation families</td>
<td>5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Whole Health</td>
<td>Prevention</td>
<td>5</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Mental health</td>
<td>7</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Physical health</td>
<td>5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Healthy Food</td>
<td>Nutritious</td>
<td>7</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Fruits &amp; vegetables</td>
<td>10</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Affordable &amp; available</td>
<td>6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Physical Activity</td>
<td>Fishing</td>
<td>7</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Gardening</td>
<td>8</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Team sports</td>
<td>6</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---
MT GROWMORE HYDROPONIC FARM & WELLNESS CAMPUS
OVERVIEW OF PROGRESS 2023

COMMUNITY EMPOWERMENT
- Breaking Bread for Brownfields to Healthfields (B2H) weekly check in calls of community champions and supporting collaborators
- B2H/Civic Justice Engagement Workshops held in June 2022, December 2022 and February 2023
- Story Map on “Mount Trashmore to Mount Growmore” featured on UCONN TAB website
- Roundtable Discussion and Affiliates Meeting at National Brownfields Training Conference featuring Mount Growmore Hydroponic Farm and Wellness Campus
- Yale Environmental Protection Clinic, School of Law, Advancing Environmental Justice and Public Health in CT Through Community Engagement and Capacity Building

PROMOTING COMMUNITY CAPACITY & WHOLE HEALTH
- US EPA Region 1 Targeted Brownfields Assessment “free consultation” to complete remediation requirements for Mount Trashmore
- US EPA Region 1 Targeted Brownfields Assessment “free consultation” to assess nearby contaminated properties
- USDA NRCS Soil Testing Workshop
- Community Challenge Response to Odor from Sewage Treatment Plant: EE NRZ Market & Café webpage report form; CT DEEP Environmental Justice and Program ongoing responses

REducing Environmental StresSors
- “Brownfields Assistance Menu” of funding, technical assistance, and capacity building resources, US EPA Region 1
- Land Revitalization Technical Assistance workshop for “live” production of application, US EPA Region 1
- Briefing for Assistant Secretary of Health on Mount Growmore Hydroponic Farm and Wellness Campus as a national incubator model, US HHS Office of Assistant Secretary
- Blueprint for Action to Advance Family Mental Health with Triple Bottom Line Justice, Yale Elevate Policy Lab (December, 2022) Yale Child Study Center, School of Medicine, Child & Family Mental Health and Environmental Justice Hackathon
- Bridgeport MOMS Partnership, supporting maternal mental health with partnership of Alliance for Community Empowerment, Greater Bridgeport Area Prevention Program and Southwest Community Health Center
- Local Food Purchase Assistance, EE NRZ Market & Cafe partnership with CT farms to purchase and distribute CSA shares to low-income individuals and families identified through partner social service organizations, local schools, and senior centers, USDA and CT Dept of Agriculture

by

COMMUNITY

01

02

03