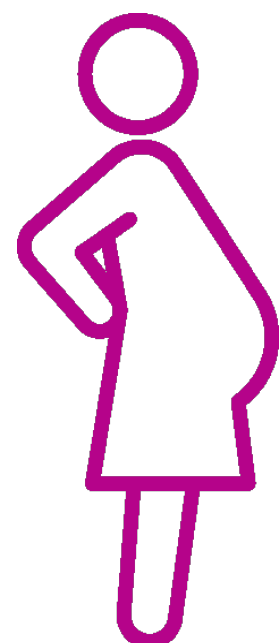


Are you pregnant?

If you work, or are applying to work, **in Connecticut** for an employer with **3 or more employees**, your employer cannot treat you unfavorably because you are pregnant, recovering from childbirth, or have a condition related to your pregnancy or childbirth.

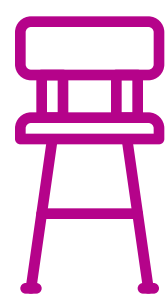
For example, your employer or potential employer cannot:



- **Ask you** about your plans to become pregnant, your pregnancy, or your family responsibilities, unless the information is directly related to a qualification for the job
- **Fire you** for being pregnant
- **Treat you differently** from other co-workers just because you are pregnant
- **Deny you fringe benefits** that your employer offers to other employees

Your employer must also provide you with **changes to your work duties or schedule** in order to stay healthy and on the job, unless it would be very difficult or expensive for it to do so.

For example, you have the right to:



- **Light duty, help with lifting,** or a **temporary transfer** to a less physically demanding position



- Breaks to **drink water**
- Breaks to **rest**



- **Time-off** to recover from childbirth, usually about 6-8 weeks
- **Break time** and a **private space** to express breast milk at work

Questions? Call the Connecticut Work-Care Helpline for **free** legal advice:

(203) 432-3800.

The Work-Care Helpline is staffed by law students under the supervision of Marisol Orihuela and Mike Wishnie at Yale Law School.