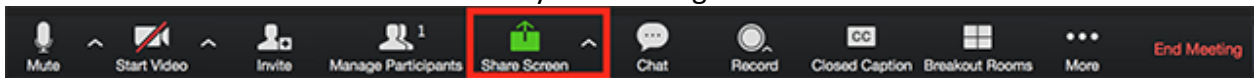
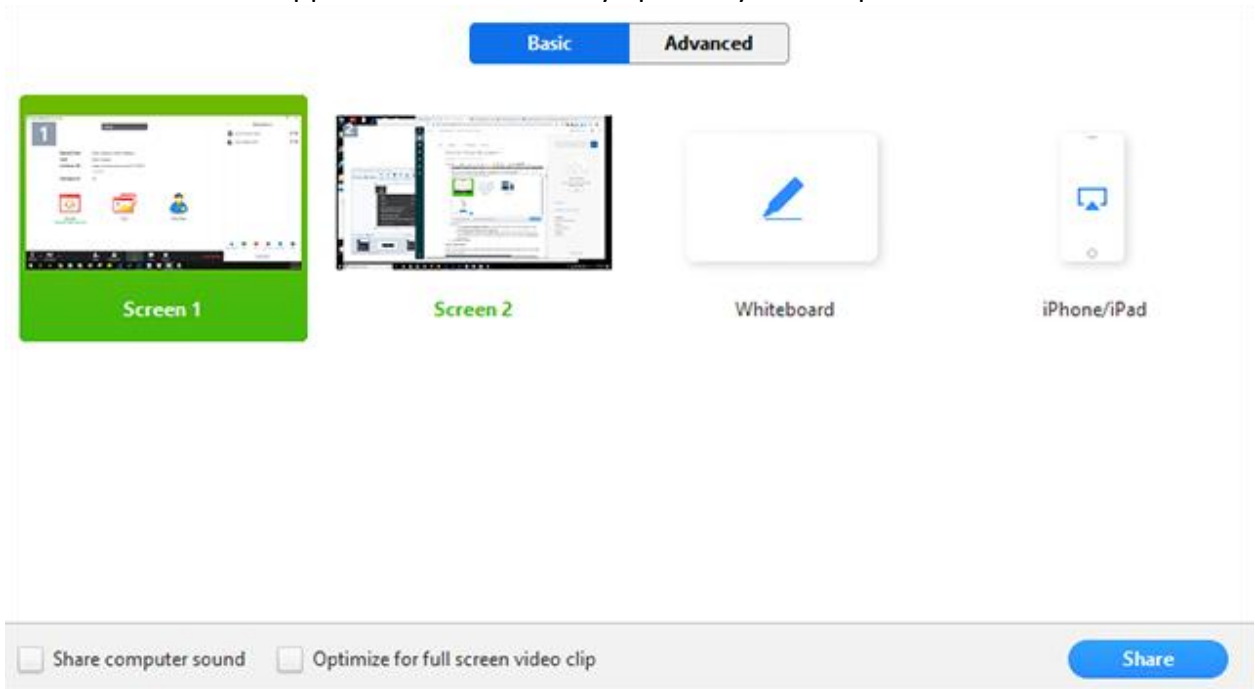


Sharing your Screen

1. Click the **Share Screen** button located in your meeting controls.



2. Select the screen you want to share if you have more than one screen. You can also choose an individual application that is already open on your computer.



3. (Optional) Enable these features:
 - Check **Share Computer Sound**: If you check this option, any sound played by your computer will be shared in the meeting.
 - Check **Optimize for full screen video clip**: Check this if you will be sharing a video clip in full screen mode. Do not check this otherwise, as it may cause the shared screen to be blurry.
4. Click **Share**.

Share Screen Menu

When you start sharing your screen, the meeting controls will move into a menu that you can drag around your screen.



Note: On Mac OS 10.15 Catalina, you need to allow Zoom access to Screen Recording to share your screen. You can do this in your **System Preferences > Security & Privacy > Privacy > Screen Recording**. Check the option for **zoom.us**.

